

HEALTH & ADDICTION SERVICES

AA Meetings

☎604.434.3933

Al-Anon Meetings

☎604.688.1716

Detox Central – Detox Referral Line

☎1.866.658.1221 Referral to drug/alcohol program
& drug-free supportive housing

Foundry (youth)

☎604.984.5060 #211 W 1st St.

HealthConnection Clinic

☎604.984.3777 #148 East 15th St.
Provides outreach services

Kelty Dennehy Mental Health Resource Centre

☎604.984.5000 Ext. 5190 #1337 St. Andrews Avenue
Peer navigation, drop-in groups, and resources

Pathways Serious Mental Illness Society

☎604.926.0856 #1865 Marine Dr. West Vancouver
Family support for mental illness

Stepping Stones

☎604.982.5616 #250 - 145 West 17th St.

Turning Point Recovery Society

☎Women - 604.971.0111
☎Men - 604.988.4317

VCH Harm Reduction Services

#6th Floor 132 W Esplanade Ave ☉8:30-4:30, M-F
For harm reduction supplies

Police Non-Emergency Numbers

North Vancouver ☎604.985.1311 • West Vancouver ☎604.925.7300

COMMUNITY & SUPPORT SERVICES

Provincial Services

Ministry of Social Development ☎1.866.866.0800

WorkBC Employment Services (North Shore)

☎604.988.3766

☎211 For community and social services info

Community Services

Harvest Project

☎604.983.9488 #1073 Roosevelt Cr.
Coaching, food and clothing support programs

North Shore Disability Resource Centre

☎604.985.5371 #3158 Mountain Hwy
Forms and advocacy for people with disabilities

North Shore Neighbourhood House/Food Bank

☎604.987.8138 #225 East 2nd St.
Access to resources, information and referrals

North Shore Community Resources Society

☎604.985.7138 #201-935 Marine Dr

North Shore Women's Centre

☎604.984.6009 #131 East 2nd St.
Mon-Thu 9:30am-3pm, Drop-in support for women

Quest Food Exchange

☎604.566.0110 #167 East 1st St.
Access to affordable groceries, by referral only

EMERGENCY & OUTREACH SERVICES

Adults & Seniors

24 Hour Crisis Line ☎604.872.3311

Canadian Mental Health Association Outreach

☎604.987.6959 #300-1835 Lonsdale Avenue

Hollyburn Seniors Outreach

☎604.968.3721

Lookout Emergency Shelter (24/7)

☎604.982.9126 #705 West 2nd St.

Seniors One Stop Information Line

☎604.983.3303

Youth

Capilano Youth Outreach

☎605.988.7115

Hollyburn Youth Outreach

☎778.322.7577

North Shore Neighbourhood House Youth Outreach

☎604.987.8138

North Shore Youth Safe House (13-18 yrs)

☎1.877.789.6884

Parkgate Youth Outreach

☎604.983.6350

West Vancouver Youth Outreach

☎604.925.7233

Women & Children

Family Services of the North Shore

Survivors of Violence Counselling ☎604.988.5281

Intensive Youth Outreach (iYos)

☎604.984.3884

NSCSS Homelessness Prevention Program

☎604.987.0366

NSCSS–SAGE Women's 24 Hour Crisis Line

☎604.987.3374



KEEPING SAFE

North Shore Directory for Shelter, Assistance, Food, and Engagement

North Shore Homelessness Task Force

www.northshorehomelessness.org

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⌚ TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9am-11am			Food bank & light meal served - North Shore Neighbourhood House ¹			
9am-12pm	HealthConnection Clinic - Medical Each Day (Bookable Appointments MWF 1pm-4pm)					
9am-4pm		CMHA Outreach Drop-In (9:00am-12:00pm)				
9am-3pm	Salvation Army Food Bank - By appointment only call 604.988.7225 or 778.866.4673					
10am-1:30pm				Drop-in - St. Andrew's United		
11am-3pm		Emergency Food Bags - Harvest Project			Emergency food bags - Harvest Project	
12pm-1pm		Meal - St. Paul's	Sharing Abundance Meal - Lonsdale Legion	Lunch - St. Andrew's United	CMHA Outreach Drop-In (12:15pm-3:45pm)	
1pm-2pm						Meal - North Shore Neighbourhood House
2pm-3pm			Food Voucher & Fellowship - NS Alliance			
4pm-5:30pm						
5:30pm-6:15pm		Sharing Abundance Dinner - N. Lonsdale United Church ³		Sharing Abundance Dinner - St. Christopher's		
6pm-7pm	Recovery Program – North Shore Alliance Church				Monthly Dinner - St. Andrew's United ⁴	
7pm-8pm	Men's Small Group – North Shore Alliance Church					

● DROP INS ● FELLOWSHIP & RECOVERY ● MEDICAL PROGRAMS ● FOOD PROGRAMS

Computer Use: Ask at John Braithwaite Community Centre, NS Women's Centre, NS Libraries, and Work BC Employment Centre

¹Registration on site; No Food Bank on Cheque Day • ²1st & 3rd Friday of each month - Seniors Only • ³Registration requested by Monday, call 604.985.4911 • ⁴Call to confirm date 604.985.0408

LOCATIONS & CONTACT

Canadian Mental Health Assoc. (CMHA)

☎604.987.6959 #300-1835 Lonsdale Ave.

Harvest Project

☎604.983.9488 #1073 Roosevelt Crescent

John Braithwaite Community Centre

☎604.983.6471 #145 West 1st St.

North Lonsdale United Church

☎604.985.4911 #3380 Lonsdale Ave.

North Shore Alliance Church

#201 East 23rd St.

North Shore Neighbourhood House

☎604.987.8138 #225 E 2nd St.
Ground level, back lane

Salvation Army

☎604.988.7225 #105 West 12th St.

St. Andrew's United Church

☎604.985.0408 #1044 St. Georges Ave.

St. Christopher's Church

#1068 Inglewood Ave, West Van

St. Paul's Church

#424 West Esplanade St.