

## Health & Addiction Services

### AA Meetings/Helpline

📞 604.434.3933

### Access Central - Detox Referral Line

📞 1.866.658.1221 🕒 9am-7:45pm, daily

### Foundry (12-24 years)

📞 604.984.5060 📍 211 W 1<sup>st</sup> St. 🕒 9am-5pm, Mon-Fri

### HealthConnection Clinic

📞 604.984.3777 📍 148 East 15<sup>th</sup> St.

### Kelty Dennehy Mental Health Resource Centre

📞 604.984.5000 ext. 2385190 📍 1337 St. Andrews Avenue

### North Shore Junction

✉ junctionnorthshore@lookoutsociety.ca

📞 604.256.8979 📍 1645 Lonsdale Ave., North Vancouver

### Pathways Serious Mental Illness Society

Family Support Services 🕒 9:30am-4:30pm, Mon-Fri

📞 604.926.0856 📍 101 - 315 West 1<sup>st</sup> St., North Vancouver

### Stepping Stones Substance Use Services

📞 604.982.5616 📍 250 - 145 West 17<sup>th</sup> St.

### Turning Point Recovery Society

📞 Women - 604.971.0111

📞 Men - 604.988.4317

### VCH Harm Reduction Services

📞 604.983.6700 📍 6<sup>th</sup> Floor 132 W Esplanade

🕒 8:30am-4:30pm, Mon-Fri

## Police (Non-Emergency)

North Vancouver 📞 604.985.1311

West Vancouver 📞 604.925.7300

## Community & Support Services

### Provincial Services

📞 Dial 211 for community and social services information

### Ministry of Social Development and Poverty Reduction

📞 1.866.866.0800 📍 900 16<sup>th</sup> St. W, North Vancouver

🕒 9am-4pm, Mon-Fri (Closed 12-1pm)

### WorkBC Employment Services (North Shore)

📞 604.988.3766 📍 106-980 W 1<sup>st</sup> St.

### Community Services

Better at Home - Seniors 📞 604.982.3321

### Community Housing Action Committee

📞 604.982.3309

### Harvest Project

📞 604.983.9488 📍 1073 Roosevelt Crescent

### Hollyburn Community Services

Life Success Transitional Housing (18-24)

Wired 4 Success Employment Program (18-30)

Youth Education Navigator (15-30) 📞 604.987.8211

### North Shore Community Resources

📞 604.985.7138 📍 201-935 Marine Drive

### North Shore Disability Resource Centre

📞 604.985.5371 📍 3158 Mountain Hwy

### North Shore Neighbourhood House/Food Bank

📞 604.987.8138 📍 225 East 2<sup>nd</sup> St.

### North Shore Solutions Navigator Program

📞 604.220.8431 📞 604.230.2454 ✉ navigator@nsnh.bc.ca

### North Shore Table Matters Network

✉ coordinator@tablematters.ca

📞 tablematters.ca for free and low-cost food resources

### Quest Non-Profit Grocery Market

📞 604.566.0110 📍 167 East 1<sup>st</sup> St.

## Emergency & Outreach Services

BC Mental Health & Crisis Response (24/7) 📞 318-6789

### CMHA Crisis Response, Community Led (CRCL)

Mental Health Crisis Line 🕒 8am-12:30am, daily

📞 Call 1.888.261.7228 📞 Text 778.839.1831

### Distress Line (24/7) 📞 604.872.3311

### Lookout Emergency Shelter (24/7)

📞 604.982.9126 📍 705 West 2<sup>nd</sup> St.

### NSCSS Support Line (24/7) 📞 604.987.3374

### Sexual Assault Response Line (24/7) 📞 604.924.7676

### Suicide Crisis Line (24/7) 📞 1.800.SUICIDE (1.800.784.2433)

### Adults & Seniors

### Canadian Mental Health Association Outreach

📞 604.987.6959 📍 312-2030 Marine Drive

### Hollyburn Community Services Society (HCSS) Seniors Outreach

📞 604.968.3721

### Parkgate Society Social Prescribing 📞 604.735.3625

### Seniors One Stop Information Line 📞 604.982.3302

### Seniors Abuse & Information Line 📞 1.866.437.1940

### Youth

### Capilano Youth Outreach 📞 604.988.7115 Ext. #2005

### Intensive Youth Outreach (iYos) 📞 604.984.3884

### North Shore Neighbourhood House Youth Outreach

📞 604.987.8138

### North Shore Youth Safe House (13-18 yrs) 📞 1.877.789.6884

### Parkgate Society Youth Outreach 📞 604.983.6350

### West Vancouver Youth Outreach 📞 604.925.7233

### Women & Children

### Family Services of the North Shore

Survivors of Violence Counselling 📞 604.988.5281

### HCSS Family Homelessness Case Worker 📞 604.968.3721

### North Shore Women's Centre 📞 604.984.6009 📍 131 East 2<sup>nd</sup> St.

### NSCSS Homelessness Prevention Program 📞 604.987.0366



## North Shore Directory for Shelter, Assistance, Food, and Engagement

### North Shore Homelessness Task Force

[www.northshorehomelessness.org](http://www.northshorehomelessness.org)

This card has been generously funded by the  
City of North Vancouver, District of North Vancouver, and  
District of West Vancouver.

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8AM - 12:30AM	CMHA Crisis Response, Community Led - Mental Health Crisis Line 1.888.261.7228 or text 778.839.1831						
9AM - 12PM			Open Door Community Hub Drop-In at North Vancouver City Library				
9AM - 3:30PM	HealthConnections Clinic: registered clients walk-ins and appointments (9am-11:30am, 1pm-3:30pm), new clients should call clinic for screening appointment.						
9AM - 4PM	CMHA Homelessness Outreach: call 778.828.6014					<div><div></div><div>● DROP-INS</div><div>● HEALTH PROGRAMS</div><div>● FOOD PROGRAMS</div><div>● SHOWER PROGRAMS</div></div>	
9AM - 6PM			Food Bank - North Shore Neighbourhood House¹				
10AM - 12PM		Open Door Community Hub Drop-In at North Vancouver Lynn Valley Library		Open Door Community Hub Drop-In at North Vancouver Parkgate Library			
10:30AM - 4PM				CMHA Drop-In (10am-4pm)			
	Bagged Lunches (Drop-In) at Salvation Army						
11:30AM - 1 PM	Free Shower Program at JBCC						
				Free Bread Ministry at St.Andrew's United Church			
12PM - 1PM				Free Community Lunch at St.Andrew's United Church			
12PM - 2:30PM	Free Shower Program at WVCC		Free Shower Program at WVCC	Free Shower Program at WVCC			Free Shower Program at WVCC
1PM - 2PM			A Loving Spoonful Community Lunch at St. Andrew's United Church (\$2)			Bagged Lunch at North Shore Neighbourhood House	
1PM - 4PM			Emergency Food Program at St.Catherine's Anglican Church from 2-3pm (2 <sup>nd</sup> & 4 <sup>th</sup> Wednesday)				Open Door Community Hub Drop-In at North Vancouver City Library
4PM - 5PM	<b>Shelter:</b> Lookout Shelter supports extreme cold weather emergency overnight beds at Lookout and St. Andrew's United Church. <b>Computer Use:</b> NS Women's Centre, NS Libraries, and Work BC Employment Centre . <b>NSEM is using Alertable to issue alerts for emergencies.</b> Stay informed! Download the free app at NSEM.ca/alertable					Free Community Dinner (Monthly EXCEPT July and August) at St. Andrew's United Church	
5:30PM - 6:30 PM				¹For registration and schedule: foodbank.bc.ca, 604-876-3601 (option 1) or reception@foodback.bc.ca; No Food Bank on Cheque Day.			A Loving Spoonful Dinner at St. Christopher's Anglican Church

## Locations & Contact

Canadian Mental Health Association (CMHA)

📞 604.987.6959 📍 312-2030 Marine Drive

HealthConnection Clinic

📞 604.984.3777 📍 148 East 15<sup>th</sup> St.

John Braithwaite Community Centre (JBCC)

📞 604.983.6471 📍 145 W 1<sup>st</sup> St.

Lynn Valley Library

📞 604.984.0286 📍 1277 Lynn Valley Road

North Shore Neighbourhood House

📞 604.987.8138 📍 225 E 2<sup>nd</sup> St.

North Vancouver City Library

📞 604.988.3450 📍 120 14<sup>th</sup> St. W

Parkgate Library

📞 604.929.3727 📍 3675 Banff Court

Salvation Army

📞 604.988.7225 📍 105 W 12<sup>th</sup> St.

St. Andrew's United Church

📞 604.985.0408 📍 1044 St. Georges Ave.

St. Catherine's Anglican Church

📞 604.985.0666 📍 1058 Ridgewood Dr.

St. Christopher's Anglican Church

📞 604.922.5323 📍 1068 Inglewood Ave.

West Vancouver Community Centre (WVCC)

📞 604.925.7279 📧 [accessibility@westvancouver.ca](mailto:accessibility@westvancouver.ca)