

Health & Addiction Services

AA Meetings/Helpline
604.434.3933

Access Central - Detox Referral Line
1.866.658.1221 9am-7:45pm, daily

Foundry (12-24 years)
604.984.5060 211 W 1st St. 9am-5pm, Mon-Fri

HealthConnection Clinic
604.984.3777 148 East 15th St.

Kelty Dennehy Mental Health Resource Centre
604.984.5000 ext. 2385190 1337 St. Andrews Avenue

North Shore Junction
junctionnorthshore@lookoutsociety.ca
604.256.8979 1645 Lonsdale Ave., North Vancouver

Pathways Serious Mental Illness Society
Family Support Services 9:30am-4:30pm, Mon-Fri
604.926.0856 101 - 315 West 1st St., North Vancouver

Stepping Stones Substance Use Services
604.982.5616 250 - 145 West 17th St.

Turning Point Recovery Society
Women - 604.971.0111
Men - 604.988.4317

VCH Harm Reduction Services
604.983.6700 6th Floor 132 W Esplanade
8:30am-4:30pm, Mon-Fri

Police (Non-Emergency)
North Vancouver 604.985.1311
West Vancouver 604.925.7300

Community & Support Services

Provincial Services

Dial 211 for community and social services information

Ministry of Social Development and Poverty Reduction
1.866.866.0800 900 16th St. W, North Vancouver
9am-4pm, Mon-Fri (Closed 12-1pm)

WorkBC Employment Services (North Shore)
604.988.3766 106-980 W 1st St.

Community Services
Better at Home - Seniors 604.982.3321

Community Housing Action Committee
604.982.3309

Harvest Project
604.983.9488 1073 Roosevelt Crescent

Hollyburn Community Services
Life Success Transitional Housing (18-24)
Wired 4 Success Employment Program (18-30)
Youth Education Navigator (15-30) 604.987.8211

North Shore Community Resources
604.985.7138 201-935 Marine Drive

North Shore Disability Resource Centre
604.985.5371 3158 Mountain Hwy

North Shore Neighbourhood House/Food Bank
604.987.8138 225 East 2nd St.

North Shore Solutions Navigator Program
604.220.8431 604.230.2454 navigator@nshbc.ca

North Shore Table Matters Network
coordinator@tablematters.ca
tablematters.ca for free and low-cost food resources

Quest Non-Profit Grocery Market
604.566.0110 167 East 1st St.

Emergency & Outreach Services

BC Mental Health & Crisis Response (24/7) 318-6789

CMHA Crisis Response, Community Led (CRCL)
Mental Health Crisis Line 8am-12:30am, daily

Call 1.888.261.7228 Text 778.839.1831

Distress Line (24/7) 604.872.3311
Lookout Emergency Shelter (24/7)

604.982.9126 705 West 2nd St.

NSCSS Support Line (24/7) 604.987.3374

Sexual Assault Response Line (24/7) 604.924.7676

Suicide Crisis Line (24/7) 1.800.SUICIDE (1.800.784.2433)

Adults & Seniors

Canadian Mental Health Association Outreach

604.987.6959 312-2030 Marine Drive

Hollyburn Community Services Society (HCSS) Seniors Outreach 604.968.3721

Parkgate Society Social Prescribing 604.735.3625

Seniors One Stop Information Line 604.982.3302

Seniors Abuse & Information Line 1.866.437.1940

Youth

Capilano Youth Outreach 604.988.7115 Ext. #2005

Intensive Youth Outreach (iYos) 604.984.3884

North Shore Neighbourhood House Youth Outreach
604.987.8138

North Shore Youth Safe House (13-18 yrs) 1.877.789.6884

Parkgate Society Youth Outreach 604.983.6350

West Vancouver Youth Outreach 604.925.7233

Women & Children

Family Services of the North Shore

Survivors of Violence Counselling 604.988.5281

HCSS Family Homelessness Case Worker 604.968.3721

North Shore Women's Centre 604.984.6009 131 East 2nd St.

NSCSS Homelessness Prevention Program 604.987.0366



KEEPING SAFE

North Shore Directory for Shelter, Assistance, Food, and Engagement

North Shore Homelessness Task Force
www.northshorehomelessness.org

This card has been generously funded by the
City of North Vancouver, District of North Vancouver, and
District of West Vancouver.

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY					
8AM - 12:30AM	CMHA Crisis Response, Community Led - Mental Health Crisis Line 1.888.261.7228 or text 778.839.1831											
9AM - 12PM	Open Door Community Hub Drop-In at North Vancouver City Library											
9AM - 3:30PM	HealthConnections Clinic: registered clients walk-ins and appointments (9am-11:30am, 1pm-3:30pm), new clients should call clinic for screening appointment.											
9AM - 4PM	CMHA Homelessness Outreach: call 778.828.6014											
9AM - 6PM	Food Bank - North Shore Neighbourhood House ¹											
10AM - 12PM	Open Door Community Hub Drop-In at North Vancouver Lynn Valley Library		Open Door Community Hub Drop-In at North Vancouver Parkgate Library		CMHA Drop-In (10am-4pm)							
10:30AM - 4PM	Bagged Lunches (Drop-In) at Salvation Army											
11:30AM - 1 PM	Free Shower Program at JBCC											
12PM - 1PM	Free Bread Ministry at St. Andrew's United Church											
12PM - 2:30PM	Free Shower Program at WVCC		Free Shower Program at WVCC		Free Shower Program at WVCC							
1PM - 2PM	Free Community Lunch at St. Andrew's United Church											
1PM - 4PM	A Loving Spoonful Community Lunch at St. Andrew's United Church (\$2)		Emergency Food Program at St. Catherine's Anglican Church from 2-3pm (2 nd & 4 th Wednesday)		Bagged Lunch at North Shore Neighbourhood House							
4PM - 5PM	Shelter: Lookout Shelter supports extreme cold weather emergency overnight beds at Lookout and St. Andrew's United Church. Computer Use: NS Women's Centre, NS Libraries, and Work BC Employment Centre. NSEM is using Alertable to issue alerts for emergencies. Stay informed! Download the free app at NSEM.ca/alertable											
5:30PM - 6:30 PM	A Loving Spoonful Dinner at St. Christopher's Anglican Church ¹ For registration and schedule: foodbank.bc.ca, 604-876-3601 (option 1) or reception@foodbank.bc.ca; No Food Bank on Cheque Day.											

- **DROP-INS**
- **HEALTH PROGRAMS**
- **FOOD PROGRAMS**
- **SHOWER PROGRAMS**

Locations & Contact

Canadian Mental Health Association (CMHA)
604.987.6959 312-2030 Marine Drive

HealthConnection Clinic
604.984.3777 148 East 15th St.

John Braithwaite Community Centre (JBCC)
604.983.6471 145 W 1st St.

Lynn Valley Library
604.984.0286 1277 Lynn Valley Road

North Shore Neighbourhood House
604.987.8138 225 E 2nd St.

North Vancouver City Library
604.988.3450 120 14th St. W

Parkgate Library
604.929.3727 3675 Banff Court

Salvation Army
604.988.7225 105 W 12th St.

St. Andrew's United Church
604.985.0408 1044 St. Georges Ave.

St. Catherine's Anglican Church
604.985.0666 1058 Ridgewood Dr.

St. Christopher's Anglican Church
604.922.5323 1068 Inglewood Ave.

West Vancouver Community Centre (WVCC)
2121 Marine Drive, meet at the south side
604.925.7279 accessibility@westvancouver.ca